Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Asian Counseling & Referral Service/International District Food Bank 919 South King Street Seattle, WA 98104  Mailing Address: 3639 Martin Luther King Wy S Seattle, WA 98144  Coordinator: Karen Jackel E-mail: karenj@acrs.org  Phone: (206) 292-5714 (206) 695-7542 Fax: (206) 695-7606	Disabled/Special Needs Wednesday 11:30 p.m. – 1:00 p.m.  General Public Wednesday and Friday 11:30 a.m. – 1:00 p.m.  Serves all Asians/Pacific Islanders of Seattle & general public, 98104  Bus Routes #7, #14, #36	No commodities	<ul> <li>Baby Cupboard</li> <li>Proof of address, I.D.</li> <li>Wheelchair ramp available</li> </ul>
Ballard Food Bank 5130 Leary Avenue NW Seattle, WA 98107  Coordinator: Peggy Bailey, Nancy McKinney Phone: (206) 789-7800 Fax: (206) 789-3823	Tues: 11:00 a.m. – 7:00 p.m. Wed: 11:00 a.m. – 3:00 p.m. Thurs: 11:00 a.m. – 3:00 p.m. Sat: 11:00 a.m. – 3:00 p.m.  Serves all of 98107 and 98117; 98119 98199  Bus Routes #18, #62, #75	Call first if available	<ul> <li>Baby Cupboard</li> <li>Proof of address required</li> <li>Hygiene bar, mail service:         Tues, Wed, Thurs         11 a.m. – 3:00 p.m.</li> <li>Wheelchair accessible</li> <li>Children's clothing,         professional closet</li> <li>Food Deliveries to homebound         within the         food bank service area</li> <li>Free client phone &amp; mailing         address</li> </ul>

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Beacon Avenue Food Bank United Church of Christ 6230 Beacon Avenue South Seattle, WA 98108  Administrator: Gretchen Tryon E-mail: sgtryon@juno.com  Phone: (206) 722-5105	Wednesday/Friday 12 p.m. – 2 p.m.  May come once per week  Bus Routes #36 (non-trolley bus)	No commodities	<ul> <li>Baby Cupboard, third Wed and Friday of each month, Noon - 2 p.m. (must provide proof of existence of baby)</li> <li>Birth certificate</li> <li>Original State Identification card</li> <li>Proof of address, I.D.</li> </ul>
Blessed Sacrament Food Bank 5050 Eighth N.E. Seattle, WA 98105  Coordinator: John Morford E-mail: jmorf1933@comcast.net  Phone: (206) 930-6005	Friday 10:30 a.m. – Noon 98105 (part), 98115 (part) Bus Routes #66, #67	No commodities	<ul> <li>Proof of address required</li> <li>Meals every Sunday Noon - 2 p.m. (all are welcome)</li> </ul>
Centerstone (formerly CAMP) 722 18th Avenue Seattle, WA 98122  Program Director: Leon Garnett  Phone: (206) 812-4956 Fax: (206) 328.8138	General Public Wednesday Noon – 4:00 p.m. Thursday, 9:00 a.m. – 1:00 p.m. Friday, 9:00 a.m. – 1:00 p.m.  98102, 98112, 98122 Bus Routes #3, #4	Tuesdays, 1:00 p.m. – 4:00 p.m. and with regular distribution, part of 98102, all of 98112 and 98122	<ul> <li>Baby Cupboard</li> <li>Emergency bags available         Mon. and Tues.</li> <li>Wheelchair accessible         building, restrooms</li> <li>Home delivery within limited         area</li> </ul>

Food Bank	Regular Distribution  Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Cherry Street Food Bank/ Northwest Harvest 711 Cherry Street Seattle, WA 98104  Mailing Address: P.O. Box 12272 Seattle, WA 98102  Food Bank Manager:	Monday, Wednesday & Friday 9:00 a.m. – 5:00 p.m. Thursday (baby food & formula) 9:00 a.m. – 5:00 p.m. Bus Routes #3, #4	No commodities	<ul> <li>Baby Day, Thursday 9:00 a.m. – 5:00 p.m. Must bring baby, birth certificate, or medical coupons to prove existence of baby.</li> <li>No other restrictions or requirements.</li> </ul>
Derek Wertz,  derekw@northwestharvest.org Partner Programs Coordinator: Jenn Tennent, jennt@northwestharvest.org  Phone: (206) 625-0755 Fax: (206) 625-7518			
Chicken Soup Brigade Lifelong AIDS Alliance 1002 East Seneca Seattle, WA 98122  Asst. Director of Nutrition: Mike Cox	Deliveries Thursday 3:30 - 7:00 p.m.  Grocery pick-up Friday 9:00 a.m 6:00 p.m. Saturday 10:00 a.m 1:00 p.m.	Third Friday of every month 9:00 a.m 6:00 p.m.  Pick-up grocery & meal center for eligible clients.	<ul> <li>Home-delivered meals and groceries. Nutrition counseling</li> <li>King County residents with HIV/AIDS &amp; other chronic, challenging illnesses; must be a Chicken Soup Brigade client.</li> </ul>
Phone: (206) 957-1662 Fax: (206) 325-2689 E-mail: mikec@llaa.org	Bus Routes #2, #12		

Food Bank	Regular Distribution  Days/Hours of Operation/	Commodities Distribution  Days/Hours of Operation/	Other Services/ Requirements
Pike Market Food Bank 5 <sup>th</sup> Floor Pike Market Parking Garage 1531 Western Seattle, WA 98101  Coordinator: Kevin Futhey  Phone: (206) 626-6462 (206) 728-2773, ext. 6 Fax: (206) 727-4849  E-mail: kevin.futhey@pmsc-dtfb.org	Tuesday 10:00 a.m 1:00 p.m.  Thursday 10:00 a.m 1:00 p.m. All Zip Codes Served Clients limited to one visit per week. All busses going to Downtown Seattle, Link Light Rail within walking distance.	Geographic Area Served  Commodities handed out during regular hours.  Commodities served for 98101, 98104, and 98121 south of Battery St.	<ul> <li>Barrier-free building, restrooms &amp; paid parking</li> <li>Baby Cupboard</li> <li>Bring ID with dates of birth and addresses for baby supplies</li> <li>Limited homebound delivery</li> </ul>
El Centro de la Raza Food Bank 2524 16th Avenue South Seattle, WA 98144  Emergency Services Director: Denise Perez  Phone: (206) 329-7960 Fax: (206) 328-2730  E-mail: dperez@elcentrodelaraza.org	Wednesday 3:30 p.m 6:30 p.m. (proof of employment—check stub, etc.)  Thursday 9:00 a.m. – Noon Seniors, 60+ (bring picture identification) 1:00 p.m. – 3:30 p.m. All (bring picture identification)  Friday 2:00 p.m. – 4:00 p.m. All (bring picture identification)  98108, 98144 and all Latinos from any zip code areas  Bus Routes #36, #60	2 <sup>nd</sup> and 4 <sup>th</sup> Monday of each month, 2:00 p.m. 4:00 p.m. (please call ahead of time for distribution schedule) Zip codes: 98144, 98108	<ul> <li>Baby Cupboard</li> <li>Deliveries to seniors/homebound</li> <li>Multi-service center offering housing, job assistance &amp; other services</li> <li>Wheelchair accessible building, restrooms &amp; parking</li> <li>TTY</li> </ul>

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Emergency Feeding Program of Seattle and King County 7100 42 <sup>nd</sup> Avenue South Seattle, WA 98118  Mailing Address: P.O. Box 18877 Seattle, WA 98118  Operations Manager: Brian Anderson Phone: (206) 329-0300 Fax: (206) 860-8200 E-mail: info@emergencyfeeding.org	Monday-Friday Call (206) 329-0300 for referral to nearby agency. Serves all of King County  For bus routes to sites, call Metro Rider Information Line at (206) 533-3000.	No commodities	<ul> <li>Referrals to 130 food distribution sites in King County for people unable to stand in line, without food, with special needs.</li> <li>Diabetic, low-sodium, Asian, Latino, East African diet, homeless (no cook), teen snack pack (homeless teens &amp; youth), liquid diet, and infant foods available.</li> <li>TTY</li> </ul>
FamilyWorks Food Bank 1501 N. 45th St. Seattle, WA 98103  Mailing Address: PO Box 31112 Seattle, WA 98103  Manager: Ms. Ava Dowell Phone: (206) 694-6723 Fax: (206) 694-6777 E-mail: avad@familyworksseattle.org	Seniors/Persons with Disabilities: Tuesday, 12:00 a.m. – 2:00 p.m.  General Public: Thursday, 3:00 - 7:00 p.m. Friday, 11:00 a.m. – 1:00 p.m.  98103, 98107, 98115, 98133  Bus Routes #44, #16,	Third Saturdays 10:00 a.m Noon  Partial 98103 and 98107  Call (206) 694-6723 for boundaries	<ul> <li>Baby Cupboard</li> <li>Proof of address &amp; I.D.</li> <li>Wheelchair accessible building, restrooms &amp; parking</li> <li>TTY</li> <li>WIC on site Thursdays</li> <li>Computer assistance</li> <li>Employment counseling</li> <li>Teen Parenting</li> <li>Tutoring Program</li> <li>Playgroups</li> <li>Call Resource Center for monthly activity calendar (206) 694-6727</li> </ul>

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Immanuel Community Services Food Bank 1215 Thomas Seattle, WA 98109	Last two Fridays of every month 9:00 a.m. – 10:30 a.m. All Welcome. No Zip Code Requirement.	No commodities	Special arrangements can be made for people in wheelchairs to pick up food.
Coordinator: Patty Turnberg Phone: (206) 622-1930 (church)  E-mail: foodbank@immanuelseattle.org	Bus Routes #8, #70, #71, #72, #73, & #74		
Jewish Family Service 1601 16th Avenue Seattle, WA 98122 Coordinator: Jana Prothman	Wednesday 10:00 a.m. – 12:00 p.m. Thursday 2:00 p.m. – 4:00 p.m.	No commodities	<ul> <li>Kosher foods available</li> <li>No area restrictions for members of the Jewish faith</li> <li>I.D. &amp; proof of address required for non-Jewish</li> </ul>
Phone: (206) 461-3240 ext. 3174 Fax: (206) 461-3696 E-mail: jprothman@jfsseattle.org	Friday 10:00 a.m. – 12:00 p.m. Closed all Jewish holidays 98101, 98112, 98121, 98122 & all members of the Jewish faith		<ul><li>clientele</li><li>Wheelchair accessible</li><li>Baby Cupboard</li></ul>
	Bus Routes #2, #7, #10, #11, #12		

Food Bank	Regular Distribution  Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
North Helpline Lake City Food Bank 12736 33rd Avenue NE Seattle, WA 98125  P.O. Box 25875 Seattle, WA 98165  Director: John Klevins  Food Bank: (206) 367-3477 Helpline: (206) 365-8043 Fax: (206) 367-4284 E-mail: foodbank@northhelpline.org	Disabled and over 65 Saturdays 9: 30 – 11:15 a.m. General Public Saturdays 11:15 a.m. – 1:00 p.m.  Wednesday 10:00 a.m. – 1:30 p.m.  Thursday 4:00 p.m. – 7:00 p.m.  98115, 98133, 98125, 98177, 98155  Bus Routes: 41, 64, 65, 72, 75, 79, 243, 306, 307, 308, 312, 372, 522	Entire 98125 zip during regular distribution	<ul> <li>Proof of address, identification</li> <li>Baby Cupboard 1<sup>st</sup> Saturdays</li> <li>Information and referral to other social service agencies</li> <li>Funds to prevent evictions and utility shut-offs</li> <li>Bus Tickets</li> <li>Emergency food given Tues, Wed., and Thurs. 10:00 a.m2:00 p.m.</li> <li>RotaCare Free Medical Clinic Saturdays 10:00 a.m. – 1:30 p.m.</li> <li>Home Delivery for homebound individuals (contact property first)</li> </ul>
Paradise of Praise Food Bank 1316 SW Holden Street Seattle, WA 98106  Director: Phone: (206) 768-2745	Tuesday 10:00 a.m. – Noon Bus Routes 23, 85, 125, 128	No commodities	agency first) One visit per week
Phinney Ridge Food Bank 7500 Greenwood Avenue N. Seattle, WA 98103  Mailing Address: 7500 Greenwood Avenue N. Seattle, WA 98103  Coordinator: Sally Thompson Phone: (206) 784-7964 Fax: (206) 783-4614 E-mail: seattlesally2000@yahoo.com	Tuesday & Thursday 2:00 - 3:00 p.m. Wednesday & Thursday 7:00 - 8:00 p.m. 98103, 98107, 98117, 98125, 98133, 98177 Bus Route #5	No commodities	<ul> <li>Infant supplies</li> <li>Proof of address</li> <li>Distribution by appointment only</li> <li>Can pick up food every two weeks</li> <li>Wheelchair accessible</li> <li>Call for appointment between 1-3 p.m. Monday, Tuesday, Wednesday</li> </ul>

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Providence Regina House 8201 10 <sup>th</sup> Avenue South #6 Seattle, WA 98108  Coordinator: Paige Collins  Phone: (206) 763-9204 E-mail: Paige.collins@providence.org	Saturday 10:00 a.m. – Noon Everyone welcome	Saturday and Thursday 10:00 a.m. – Noon  98108 zip code and 98146areas between Highway 509/Duwamish River/116 <sup>th</sup> Street	<ul> <li>Baby Cupboard</li> <li>Clothing bank 9:00 a.m. –         12:00 p.m. Saturdays;         Thursdays 12:30 p.m. – 2:00         p.m.</li> <li>Toddler bags</li> <li>Holiday Adopt-a-Family         Program</li> <li>Proof of area residency for         TEFAP</li> </ul>
Puget Sound Labor Agency AFL-CIO Community Food Bank 2800 First Avenue, Room 122-130 Seattle, WA 98121 (Entrance in alley between 1st Avenue & 2nd Ave on Clay St.)  Mailing Address: 2800 1st Avenue, Room 126 Seattle, WA 98121  Coordinator: Ellen Rempfer Phone: (206) 448-9277 Fax: (206) 448-3457  E-mail: psla@pslaonline.org	Monday & Friday 8:00 a.m. – 12:00 p.m. 98101, 98104, 98109, 98111, 98119, 98121, 98134, 98199 Bus Routes #15, (#18 local), #1, (#2 local)	Commodities available	<ul> <li>Visits limited to once a week</li> <li>Wheelchair accessible         building. Restrooms upon         request</li> <li>Toddler Bags</li> <li>Baby Cupboard</li> </ul>

Food Bank	Regular Distribution	<b>Commodities Distribution</b>	Other Services/
	Days/Hours of Operation/	Days/Hours of Operation/	Requirements
	Geographic Area Served	Geographic Area Served	
<b>Queen Anne Food Bank at Sacred</b>	Last two Thursdays of month		Toiletries when available
Heart	3:00 p.m. – 6:00 p.m.		
232 Warren Avenue North Seattle, WA 98109	(Please call first to confirm start date)		
Seattle, WA 90109	(1 lease can first to commin start date)		
Coordinator: Elise Hale-Case	Bus Routes #1, #2, #3, #13, #18		
Phone: (206) 216-4102			
Fax: (206) 216-4102			
E-mail: info@qafb.org			
Rainier Valley Food Bank	Seniors/Disabled	Commodities available for residents of	- ** 1 111
4205 Rainier Avenue South	Wednesday	98118 & 98178	Homebound deliveries on     Thursdays
Seattle, WA 98118	9:30 a.m 2:00 p.m.	70110 <b>&amp;</b> 70170	Baby Cupboard
2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	General Public		Baby Cupboard
Director: Sam Osborne	Saturday		
	9:30 a.m 2:00 p.m.		
Phone: (206) 723-4105			
Fax: (206) 723-3528	Everyone welcome		
E-mail: info@rvfb.org	Bus Routes #7, #9		

Food Bank	Regular Distribution	Commodities Distribution	Other Services/
	Days/Hours of Operation/	Days/Hours of Operation/	Requirements
Salvation Army Food Bank	Geographic Area Served Tuesday	Geographic Area Served No commodities	D.I. C. I.
1101 Pike Street	9:00 a.m. – 11:00 a.m. 1:00 p.m. – 3:00 p.m.	No commodities	<ul> <li>Baby Cupboard</li> <li>Proof of address, ID for all household members</li> </ul>
Mailing Address:	The plant of the plant		
P.O. Box 20128	Wednesday, Thursday, Friday		• Limit of three emergency food bags per household per year
Seattle, WA 98101	9:00 a.m. – 11:30 a.m. 1:00 p.m. – 3:00 p.m.		bags per nousenoid per year
Coordinator: Rebecca Phillips Phone: (206) 447-9944			
Fax: (206) 442-8399	98101, 98102, 98104, 98108 (from Georgetown to Downtown Seattle),		
E-mail:	98109, 98112, 98118 (from So. Park to		
garyredden@usw.salvationarmy.org	White Center), 98119, 98121, 98122, 98134, 98144		
	Bus Routes #10, #11, #14, #43		
Salvation Army White Center 9050 – 16 <sup>th</sup> Avenue SW, 98106	Monday, Wednesday, Friday 1:00 p.m. – 2:00 p.m.		<ul> <li>Photo ID</li> <li>Social Security Cards for all household members</li> </ul>
Mailing Address:	98106, 98108 (partial), 98116,		
PO Box 46333	98126, 98136, 98146, 98148,		Proof of address
Seattle, WA 98146	98158, 98168, 98188 (partial)		Income verification
Coordinator: Bill Talbot			
Phone: (206) 767-3150 x 102			
Fax: (206) 767-9548			
E-mail:			
bill.talbot@usw.salvationarmy.org			

Food Bank	Regular Distribution  Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Seattle Indian Center 611 12th Avenue South Seattle, WA 98144  Coordinator: Angela Jensen  Phone: (206) 329-8700 Fax: (206) 328-5983 E-mail:	Tuesday & Thursday 1:30 – 5:30 p.m.  Bus Route #7, #8, #14, #36, #60	No commodities	<ul> <li>Baby Cupboard</li> <li>I.D. required</li> <li>Wheelchair accessible building</li> <li>No restrooms</li> <li>No parking</li> </ul>
accounting@seattleindiancenter.org  Spiritual Miracles Food Bank 12600 Renton Avenue South Seattle, WA 98178  Director: Cheryl Johnson  Phone: (206) 380-6237 Fax: (206) 772-3336  E-mail: cjohnson@clearwire.net	General Public Monday and Thursday 4:45p.m. – 6:30 p.m.  98055;98056; 98057 98108; 98118; 98144; 98168; 98178; 98198  Bus Route #106	No commodities	<ul> <li>Wheelchair accessible</li> <li>Proof of Address and</li> <li>Photo ID</li> </ul>
St. Vincent de Paul Food and Clothing Bank 5972 Fourth Avenue South Seattle, WA 98108  Coordinator: Charley Nelson  Phone: (206) 767-9975 Ext. 1127 Fax: (206) 767-6439  E-mail: charleyn@svdpseattle.org	Tuesday & Thursday 11:00 a.m. – 2:00 p.m. 98108, 98134,98168, 98178, 98188 Bus Routes #136, #137, #174	Same as regular distribution  North: Dearborn at Elliott Bay, East to I-5; South to Charlestown; Charlestown east to 32 <sup>nd</sup> Avenue South  East: 32 <sup>nd</sup> Avenue South to I-5  South: Kenyon Street at the Duwamish River, east to 32 <sup>nd</sup> Street  West: Duwamish Waterway at 509 N to the West Waterway (includes Harbor Island) North to Elliott Bay	<ul> <li>Baby Cupboard</li> <li>Clothing Bank</li> <li>Household items</li> <li>Wheelchair accessible building and restrooms. Special arrangements can be made for wheelchair accessible parking.</li> </ul>

Food Bank	Regular Distribution  Days/Hours of Operation/	Commodities Distribution  Days/Hours of Operation/	Other Services/ Requirements
The Food Bank @ St. Mary's Walk-in Food Bank 611 – 20 <sup>th</sup> Avenue South Seattle, WA 98144  Director: Alison Pence Phone: (206) 324-7100 x21 Fax: (206) 324-0050 E-mail: alison@thefbsm.org  General Info: (206) 324-7100 x18	Geographic Area Served  Tuesday, Thursday, Saturday 10:00 a.m. – 1:00 p.m.  Walk-in food bank available to all Seattle residents  Bus route #14	Geographic Area Served  Commodities with regular distribution for east half of 98144  Seattle city limits	<ul> <li>Baby Corner—first full week of month</li> <li>Hygiene products—last full week of month</li> <li>Toddler bags</li> <li>No cook bags for homeless</li> <li>Wheelchair accessible building and parking</li> <li>Please bring I.D. and bag for groceries</li> </ul>
The Food Bank @ St. Mary's Home Delivery Service 611 – 20 <sup>th</sup> Avenue South Seattle, WA 98144  Program Manager: Tina Kimbrell Phone: (206) 324-7100 x23 Fax: (206) 329-0050	Deliveries are made Wednesday from 9:00 a.m. to 7:00 p.m. to homebound seniors and individuals who live in the Central Seattle area.  98144, 98104, 98122, 98112  Bus route #14	Commodities for home delivery	
E-mail: tina@thefbsm.org  University District Food Bank 1413 N.E. 50 <sup>th</sup> Seattle, WA 98105  Mailing Address: 4731 15th N.E. Seattle, WA 98105  Coordinator: Joe Gruber  Phone: (206) 523-7060 E-mail: udfb@udistrictfoodbank.org	Monday, Wednesday, Friday 10:00 a.m. – 3:00 p.m. Tuesday, Thursday 3:00 – 8:00 p.m. 98102, 98103, 98105, 98112, 98115, 98125 Bus #70, #71, #72, #73, #74, #48	Same as regular hours  Commodities given out to zip codes 98105, 98115, 98125 only	<ul> <li>Baby Cupboard</li> <li>Proof of address, I.D.</li> <li>Special arrangements can be made for people in wheelchairs to pick up food in alley access</li> </ul>

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Volunteer Park Seventh-day Adventist Church Food Bank 1300 East Aloha Street Seattle, WA 98102  Program Director: Mariano Timple Phone: (206) 325-5544 E-mail: aronious@msn.com	Tuesday 11:00 a.m. – 2:00 p.m. 98102, 98112, 98101, 98122	No commodities	Breakfast served to the public Tuesday – 10:30 a.m. – 11:30 a.m.  1st and 3rd Saturday of month: 9:30 a.m. – 10:30 a.m.
Volunteers of America Greenwood Food Bank 9041 Greenwood Ave. North Seattle, WA 98103  Contact: Leann Geiger, Basic Needs Director  Phone: (425) 212-3218 (206) 362-5735 E-mail: greenwoodfoodbank@voaww.org	General Public Wednesday 9:30 a.m. – 12:00 p.m. & 12:30 – 6:00 p.m. Thursday Seniors/Disabled: 9:30 a.m. – 12:00 p.m. All others: 12:30 p.m. – 4-p.m.  Parts of 98103, 98117, 98133, All of 98177  Bus Route #5, #355, near #48 bus route	Commodities General Public Month-long during regular food bank hours.  Northwest area of Seattle-King County.	<ul> <li>Baby Cupboard during distribution</li> <li>Toddler bags</li> <li>Wheelchair accessible bldg. &amp; parking</li> <li>Home deliveries for seniors/disabled</li> <li>Proof of address, Photo ID</li> <li>Please bring bags for groceries</li> </ul>

Food Bank	Regular Distribution	Commodities Distribution	Other Services/
	Days/Hours of Operation/	Days/Hours of Operation/	Requirements
	Geographic Area Served	Geographic Area Served	
West Seattle Food Bank 3419 SW Morgan Street Seattle, WA 98126 Coordinator: Fran Yeatts Phone: (206) 932-9023 Fax: (206) 938-8623	Seniors Tuesday 9:30 a.m 11:00 a.m. General Public Wednesday 4:00 - 7:00 p.m. or Thursday 10:00 a.m 1:00 p.m.	With regular food distribution 98116, 98106, 98126, 98136 (West Seattle area north of Roxbury Street)	<ul> <li>Baby Cupboard during distribution</li> <li>Toddler bags</li> <li>Proof of address</li> <li>Wheelchair accessible building</li> <li>Some homebound delivery available to seniors/disabled in W. Seattle</li> </ul>
E-mail: fran@westseattlefoodbank.org	98106, 98116, 98126, 98136 Bus Routes #21, #22, #54, #55, #37		
White Center Food Bank 10828 8 <sup>th</sup> Avenue SW Seattle, WA 98146	Monday, Wednesday & Friday 11:00 a.m. – 1:00 pm 2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday 6:00 – 8:00 p.m.	Monday, Wednesday & Friday 11:00 a.m. – 1:00 pm Seniors (60+)	<ul> <li>Proof of address, I.D., and birthdates for each household member</li> <li>Wheelchair accessible</li> </ul>
Next to White Center Public Health	Third Saturday 11:00 am – 1:00 pm	Thursdays 11:00 am to 1:00 pm	building & parking
Executive Director: Rick Jump Phone: (206) 762-2848 (messages)	Seniors (60+) Thursdays 11:00 am to 1:00 pm  98106, 98126, 98136, 98146 Boundaries: N - 7000 block to Myrtle; S - S.W. 140th; W - Puget Sound; E - to State Highway 509  Bus Route #128		

## **King County Food Banks**

Food Bank	Regular Distribution  Days/Hours of Operation/Geographic Area Served	<u>Commodities Distribution</u> Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Algona/Pacific Food Pantry 603 Third Avenue SE	Tuesday 11:00 a.m. to 2:00 p.m.		Well Child Clinic     Transport Christman
Pacific, WA 98047			Toys at Christmas
			*Information not updated
Coordinator: Vada Ziegler			prior to publication. Please
Phone: (253) 351-0450			contact office for food bank
			hours.
Auburn Food Bank, The	Monday, Tuesday, Thursday, Friday	Monday, Tuesday, Thursday and Friday	Current proof of address, I.D.
930 18 <sup>th</sup> Place N.E.	9:00 a.m 1:15 p.m.	9:00 a.m 1:15 p.m.	Emergency financial
Auburn, WA 98002			assistance with proof of need on
N. 71	Second Wednesday	Second Wednesday	the last working day of the month,
Mailing Address: P.O. Box 464	4:30 p.m 6:30 p.m.	4:30 - 6:30 p.m.	first come first serve.
Auburn, WA 98071	Second Saturday - Senior Deliveries –	Second Saturday - Senior Deliveries – by	
raddin, Wilyoovi	by application	application	
Phone: (253) 833-8925	7		
E-mail: debbiec@theauburnfoodbank.org	Auburn School District	Auburn School District	
Web: www.theauburnfoodbank.org	Metro Bus Routes # 152 / 180 / 181	Metro Bus Routes #152 / 180 / 181	
Black Diamond Community	Business Hours Monday-Friday		Salvation Army funds available for
Center Food Bank	8:00 a.m. – 4:30 p.m.		Puget Sound Energy (January-April),
31605 Third Avenue	Distribution Hours		rent assistance year-round, gas
Black Diamond, WA 98010	Monday-Friday, 1pm-4pm		vouchers for medical appointments. Clients must provide shut-off or
Mailing Address:	Enumclaw, Black Diamond,		eviction notices, proof of residency
P.O. Box 480	Ravensdale, Maple Valley, Covington,		and low-income status. Clients need
Black Diamond, WA 98010-0480	and Kent 98042 Residents		to call for more details and to make
Phone: (360) 886-1011			appointments.
Fax: (360) 886-8947	Bus Routes 143 and 149		
E-mail: <u>bdcc-admin@qwest.net</u>			

Food Bank	<u>Regular Distribution</u> Days/Hours of Operation/Geographic Area Served	<u>Commodities Distribution</u> Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Concerned for Neighbors Food Bank-Mountlake Terrace 4700 228th S.W. Mountlake Terrace, WA 98043  Acting Director: Anne Peterson  Phone: (425) 778-7227 E-mail: concerned4neighborsfoodbank@yahoo.com Web: concerned4neighborsfb.org	General Public Tuesday 9:30 a.m 11:30 a.m. Bus Routes #418, #401, #403, #140	General Public Tuesday 9:30 a.m 11:30 a.m.	Proof of address, I.D. for family members; photo identification and copy of utility bill
Des Moines Area Food Bank Des Moines Methodist Church 22225 Ninth Avenue South  Mailing Address: P.O. Box 98788 Des Moines, WA 98198-0788  Coordinator: Chris VanGasken Phone:: (206) 878-2660 Fax: (206) 878-2661	Monday, Wednesday, Friday 9:00 – 11:45 a.m.  3 <sup>rd</sup> Tuesday 6:00 p.m. – 8:00 p.m.  Des Moines, most of Sea-Tac and East Hill of Kent (call for street information)  98166, 98148, 98168, 98188, 98198, 98032  Bus Routes: #130, #132	Monday, Wednesday, Friday 9:00 – 11:45 a.m.  Tukwila, Des Moines, Sea-Tac and West Hill of Kent (call for street information)	<ul> <li>Low-income, photo I.D. for all adults and medical coupons/Social Security cards required for all children</li> <li>Proof of address</li> <li>Closed all legal holidays</li> </ul>
Edmonds Food Bank (Carol Rowe Mem.) Edmonds Methodist Church 828 Caspers Street Edmonds, WA 98020  Coordinator: Peggy Kennedy Phone: (425) 778-5833 Mon – Tues; (425) 778-2119 Wed – Fri Fax: (425) 778-3431	Disabled Tuesday: 9:30 a.m. – 10:00 a.m.  Edmonds Residents Only Tuesday: 10:00 – 11:00 a.m.  General Public Tuesday: 11:00 a.m. – Noon		

Food Bank	Regular Distribution  Days/Hours of  Operation/Geographic	Commodities Distribution  Days/Hours Of  Operation/Geographic Area	Other Services/Requirements
Emergency Feeding Program- Eastside/Bellevue 2650 148 <sup>th</sup> Avenue SE Bellevue, WA 98007  Mailing Address: PO Box 18877 Seattle, WA 98118  Coordinator: Brian Anderson  Phone: (425) 653-1652 Fax: (206) 860-8200	Area Served  Call 425-653-1652 for referral to nearby distribution centers in Bellevue, Kirkland, Redmond, and Bothell, Monday-Friday  All of Eastside  Call Metro Rider Information Line for bus routes, (206) 553-3000	No commodities	<ul> <li>Referrals to Eastside         distribution sites for people         without food</li> <li>No standing in line</li> <li>Diabetic, low-sodium Latino,         Asian, homeless (no cook),         teen snack pack(for         homeless teens), liquid diet.         infant foods, food packs for         vegan and lactose intolerant         diets are also available</li> </ul>
Enumclaw Kiwanis Food Bank 1350 Cole Street Enumclaw, WA 98022  Coordinator: Lawton Case  Phone: (360) 825-6188	Monday, Tuesday & Wednesday 9:00 – 11:45 a.m. Enumclaw School District #216, including Black Diamond 98010, 98022, 98048, 98051 Bus Route #915	Monday, Tuesday & Wednesday 9:00 – 11:45 a.m.  Enumclaw School District #216, including Black Diamond 98010, 98022, 98048, 98051	Current utility bill and picture I.D.

Food Bank	Regular Distribution  Days/Hours of  Operation/Geographic  Area Served	<u>Commodities Distribution</u> Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Federal Way Food Bank/Multi-Service Center 1200 S. 336 <sup>th</sup> Street Federal Way, WA 98003  Mailing Address P.O. Box 23699 Federal Way, WA 98093  Director: Terri Turner  Phone: (253) 838-6810 (center) Fax: (253) 874-7831 E-mail: territ@multi-servicecenter.com	Disabled Mon, Wed, & Fri 9:30 – 10:00 a.m.  General Public Mon, Wed, & Fri 10:00 a.m. – 2:00 p.m.  Working Families Fourth Thursday 5:00 – 6:00 p.m. (except Nov. & Dec.)  98003, 98023, parts of 98001, and 98032 Federal Way School District, Except Woodmont & Redondo Areas; call if unsure. Parts of 98422 (NE Tacoma)	Mon, Wed, & Fri 10:00 a.m. – 2:00 p.m.  98003, 98023, parts of 98001, and 98032, includes Federal Way School District, except Redondo and Woodmont areas	<ul> <li>Proof of address within the last 30 days (utility bill, or medical coupon)</li> <li>Social Security card for first visit, if available</li> <li>Clothing bank serves all South King County residents, Mon., Wed., &amp; Fri., 10:00 a.m 1:15 p.m.</li> <li>Bring bags or boxes to carry food</li> </ul>
Highline Area Food Bank 18300 4th Avenue South Seattle, WA 98148  Coordinator: Mike Werle Phone: (206) 433-9900	Bus Route #182  Tuesday 12:00 - 2:30 p.m.  Thursday 10:00 a.m 12:30  2 <sup>nd</sup> Tuesday 5:30 p.m 7:00 p.m.  W - Puget Sound, E - Military Road and International Avenue, S - 192 <sup>nd</sup> Street, N - 140 <sup>th</sup> Street; N-116 <sup>th</sup> ; East of 1 <sup>st</sup> to Tukwila  Bus Routes #130, #132	Tuesday 12:00 - 2:30 p.m. Thursday 10:00 a.m. – 12:30  W - Puget Sound, E - Military Road and International Avenue, S - 192 <sup>nd</sup> Street, N - 140 <sup>th</sup> Street; N-116 <sup>th</sup> ; East of 1 <sup>st</sup> to Tukwila  Bus Routes #130, #132	<ul> <li>Picture I.D. &amp; utility bill less than two months old</li> <li>Medical coupons or school records for all dependents</li> </ul>

Food Bank	Regular Distribution  Days/Hours of  Operation/Geographic	<u>Commodities Distribution</u> Days/Hours Of Operation/Geographic Area	Other Services/Requirements
	Area Served	Served	
Hopelink Bellevue 14812 Main St Bellevue, WA 98007	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays 10:30 a.m1:00 p.m. 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Wednesdays 10:30 a.m. – 1:00 p.m.	With regular food distribution	<ul> <li>Call for an appointment to register</li> <li>Emergency Financial Assistance</li> </ul>
Phone: (425) 943-7555	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Thursdays 10:30 a.m. – 1:00 p.m. 2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays 4:30 p.m. – 7:00 p.m. 98004, 98005, 98006, 98007, 98008, 98009, 98015, 98039, 98040, 98056, 98059- Newcastle city limits only		
Hopelink Kirkland/Northshore 11011 120 <sup>th</sup> Avenue NE Kirkland, WA 98033  Phone: (425) 889-7880	Monday & Wednesdays 10:00 a.m. – 4:00 p.m.  Tuesday & Thursdays 12:00 p.m. – 6:30 p.m.  98033, 98034, 98011, 98012, 98021, 98028, 98072, 98077  Bus Routes #230, #231, #234, #251, #254, #255, #275, #931	With regular food distribution	<ul> <li>Call for an appointment to register</li> <li>Emergency Financial Assistance</li> </ul>

Food Bank	Regular Distribution  Days/Hours of  Operation/Geographic  Area Served	Commodities Distribution  Days/Hours Of  Operation/Geographic Area  Served	Other Services/Requirements
Hopelink Redmond 16725 Cleveland St. Redmond, WA 98052  Phone: (425) 882-0241	Disabled & Seniors  1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays  10:30 a.m. – 12:00 p.m.  2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays  10:30 a.m. – 12:00 p.m.  2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays  2:30 p.m. – 4:30 p.m.  1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays  5:30 p.m. – 7:00 p.m.	With regular food distribution	<ul> <li>Call for an appointment to register</li> <li>Emergency Financial Assistance (including 98027, 98029, 98075)</li> <li>Emergency shelter</li> <li>LIHEAP energy assistance</li> <li>Transportation program</li> <li>Transitional housing</li> </ul>
Hopelink Shoreline/Lake Forest Park 15809 Westminster Way North Shoreline, WA 98133  Phone: (206) 440-7300	Disabled & Seniors  1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays  10:30 a.m. – 12:30 p.m.  2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays  10:30 a.m. – 12:30 p.m.  2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays  5:30 p.m. – 6:30 p.m.  98133, 98155, 98160, 98177, all north of 145 <sup>th</sup> Bus Routes #358	With regular food distribution	<ul> <li>Call for an appointment to register</li> <li>Emergency Financial Assistance</li> <li>Programs available: Energy Assistance; Financial Assistance; Adult Education; Family Development</li> </ul>

Food Bank	Regular Distribution  Days/Hours of Operation/Geographic	Commodities Distribution  Days/Hours Of Operation/Geographic Area	Other Services/Requirements
	Area Served	Served	
Hopelink Sno-Valley 31957 Commercial St. Carnation, WA 98014	Regular and Fresh Foods 1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays 12:00 p.m. – 1:30 p.m. 2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	With regular food distribution	<ul> <li>Call for an appointment to register</li> <li>Emergency Financial Assistance</li> <li>Clothing bank</li> </ul>
Phone: (425) 333-4163	5:30 p.m6:45 p.m.  98014, 98019, 98024, 98045, 98050 – north of I-90, 98065, 98068 Snoqualmie Pass within King County, 98224, 98228, 98294  Bus Routes #922, #929		• Free Meal
Issaquah Food & Clothing Bank	Client Services	Client Services	• Utility bill & picture I.D.
179 First Avenue S.E.	First & Third Tuesday	First & Third Tuesday	Clothing Bank serves
Issaquah, WA 98027	5:00 - 7:00 p.m.	5:00 - 7:00 p.m.	Issaquah, Carnation, Fall
Director: Cori Kauk	Tues., Wed. & Thurs. 10:00 a.m 1:00 p.m.	Tues., Wed. & Thurs. 10:00 a.m 1:00 p.m.	City, Maple Valley & Renton
Phone: (425) 392-4123	General Public / Business Hours		
Fax: (425) 392-5836	Mon-Fri. 8:00am – 4:00pm		
www.issaquahfoodbank.org	98027, 98029, 98059, 98075		
	Bus Route #200		

Food Bank	Regular Distribution  Days/Hours of  Operation/Geographic  Area Served	Commodities Distribution  Days/Hours Of  Operation/Geographic Area  Served	Other Services/Requirements
Kent Food Bank and Emergency Services 515 West Harrison Street, Suite 107 Kent, WA 98032  Director: Jeniece Choate  Phone: (253) 520-3550  kentfoodbank@gmail.com	Monday, Tuesday, Wednesday & Friday 10:00 a.m 2:00 p.m.  2 <sup>nd</sup> Wednesday 5:00 - 6:00 p.m.  Kent School District boundaries  Bus Routes #150, #153, #164, #166, #168, #169, #914, #916	Commodities distributed same time as food bank  Kent School District boundaries	<ul> <li>Proof of address within last 30 days (medical coupon, utility bill)</li> <li>Clothing Bank Mon., Tues, Wed, Fri 10:00 a.m. – 12: 30 p.m.</li> <li>Emergency financial assistance with proof of need by appointment only</li> </ul>
Kent Food Bank Annex @ Springwood 27360 129 <sup>th</sup> Avenue S.E., Bldg. #11 Kent, WA 98031  Director: Jeniece Choate  Phone: (253) 981-3145 (answered Thursday only)	Thursday 10:00 a.m. – 1:00 p.m.  Kent School District boundaries	Same as food bank distribution  Kent School District boundaries	Current proof of address within the last 30 days

Food Bank	Regular Distribution  Days/Hours of  Operation/Geographic  Area Served	<u>Commodities Distribution</u> Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Lynnwood Food Bank Lynnwood Church of the Nazarene 5320 176th St. S.W. Lynnwood, WA 98036  Phone: (425) 745-1635  Website: Lynnwood Foodbank.org	Seniors over 65/Disabled Wednesday 2:00 – 2:30 p.m.  General Public Wednesday 2:30 - 6:30 p.m.  Seniors over 65 and disabled may come in during other times.  Services Lynnwood residents. Persons out of the area are served and referred to closer food bank.  Bus Routes #418, #401, #403,		Proof of residency Picture ID, current utility bill Proof of household members and proof of ages of members
Maple Valley Food Bank and Emergency Services 21415 Maple Valley Highway Maple Valley, WA 98038  Mailing Address: P.O. Box 322 Maple Valley, WA 98038  Executive Director: Lila Henderson  Phone: (425) 432-8139 Fax: (425) 432-7932 E-mail: lila@fbeshelp.org	#620, #621  Monday, Wednesday & Thursday 10:30 a.m 1:00 p.m.  Second Thursday 5:30 - 7:00 p.m.  Tahoma School District boundaries, City of Covington and parts of Black Diamond  Bus Route #143	Monday, Wednesday & Thursday 10:30 a.m 1:00 p.m. Second Thursday 5:30 - 7:00 p.m.  Tahoma School District boundaries, City of Covington and parts of Black Diamond	Current proof of address & photo I.D.

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Mount Si Helping Hand Food & Clothing Bank North Bend Comm. Church 122 East 3 <sup>rd</sup> Street North Bend, WA 98045  Coordinator: Ken McCarty Phone: (425) 888-0096 E-mail: mtsifoodbank@yahoo.com	Wednesday 9:30 a.m 6:30 p.m. North Bend, Snoqualmie: 98024, 98045, 98065 Bus Route #214		<ul> <li>Number &amp; ages of family members; proof of address</li> <li>I.D. not required</li> <li>Clothing bank</li> <li>Call 888-0096 for emergencies</li> </ul>
Muckleshoot Food Bank North of Muckleshoot Tribal School 39015 – 172 <sup>nd</sup> Avenue S.E. Auburn, WA 98092  Phone: (253) 876-3336 Fax: (253) 833-5133	Monday 2:00 - 4:30 p.m. Wednesday & Friday 10:00 a.m Noon 1:00 - 3:00 p.m.  Rural area between Auburn and Enumclaw  Bus Routes #915, 195	First week of each month (call first) for actual day.	<ul> <li>Proof of address; picture ID</li> <li>Clothing Bank</li> <li>Emergency services i.e., rental assistance, utility assistance, bus tokens</li> <li>*Information not updated prior to publication. Please contact office for food bank hours.</li> </ul>
Renewal Food Bank World Impact Network MA: 12819 S.E. 38 <sup>th</sup> Street PMB #53 Bellevue, WA 98006-1395  Food Bank Address: 2015 Richards Road Bellevue, WA 98005  Director: Rich Bowen Phone: (425) 643-8246 Fax: (425) 643-8473	Monday & Wednesday 9:00 a.m. – Noon  Tuesday 5:00 – 7:00 p.m.  Last Saturday of month 10:00 a.m. – Noon		One visit per week

Food Bank	Regular Distribution  Days/Hours of  Operation/Geographic  Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
The Salvation Army Office: 720 South Tobin Renton, WA 98057  Food Bank: 221 Morris St.  Must first come to office for food bank slip.  Phone: (425) 255-5969 Fax: (425) 228-7014	Monday through Friday 9:00 a.m 4:00 p.m.  Renton/Fairwood: 98055, 98056, 98057, 98058, 98059 Skyway: 98178  Bus Route #101	Commodities given during office hours. No specific day.  Zip Codes: 98055, 98056, 98057, 98058 (partial), and 98059 (partial), 98178	<ul> <li>Baby Cupboard</li> <li>Utility or phone bill showing address, photo I.D., Social Security card for all household members</li> <li>4-month Food voucher issued to all clients who have used food bank 6 months or longer.</li> <li>Bus tickets</li> <li>Rent assistance</li> <li>Emergency housing assistance</li> <li>*Information not updated prior to publication. Please contact office for food bank hours.</li> </ul>
Tukwila Pantry At the Riverton Park United Methodist Church 3118 South 140 <sup>th</sup> (on Military Rd and 140 <sup>th</sup> ) Tukwila, WA 98168  Coordinator: Joe Tice Phone: (206) 431-8293 E-mail: j040959@msn.com	Tuesday & Thursday 1:30. – 3:30 p.m.  Saturday 12:30 p.m. – 2:30 p.m.  Closed on all federally recognized holidays  Tukwila, Sea-Tac, Burien and Boulevard Park areas  Bus route #128		<ul> <li>Bring picture ID and current utility bill for proof of address</li> <li>New clients may register Tuesday and Thursday</li> <li>Meal Program: Tuesday's Table, 5:30 p.m. – 6:15 p.m.</li> </ul>

Food Bank	Regular Distribution	Commodities Distribution	Other Saminas (Page)
	Days/Hours of	Days/Hours Of	Services/Requirements
	Operation/Geographic	Operation/Geographic Area	
	Area Served	Served	
Vashon/Maury Community Food Bank	Wednesday	Third Wednesday 11:00 a.m. – 1:00 p.m.	Home delivery where needed
10030 210th St. SW	11:00 a.m. – 1:00 p.m. &	& 5:00 – 7:00 p.m.	Wednesday mornings
Vashon, WA 98070	5:00 p.m. – 7:00 p.m.		
(next to Health Clinic)		Vashon/Maury Island residents	
	Disabled & over 65		
	4:30 p.m. – 5:00 p.m.		
Mailing Address:			
P.O. Box 1205	Vashon/Maury Island residents		
Vashon, WA 98070			
	Bus Routes #118, #119		
Coordinator: Yvonne Pitrof			
Phone: (206) 463-6332			
Fax: (206) 463-5513			
E-mail: yvonne@vashonfoodbank.org			

## **Other Important Emergency Food Service Information**

Agency/Program	Services/Assistance Provided	
CITY OF SEATTLE HUMAN SERVICES DEPARTMENT	Manage contracts for emergency food programs receiving City funds. Provide training and	
EMERGENCY FOOD PROGRAMS	technical assistance to emergency food program subcontractors and provide additional	
700 5 <sup>th</sup> Avenue Suite 5800 PO Box 34215	resources to agencies and the general public. Work with local, regional, state and federal	
Seattle, WA 98124-4215	organizations that focus on anti-hunger and nutrition policies and initiatives. Participate on projects related to Transitional Living and Support Division and Department-wide initiatives.	
Fe E. Arreola, (206) 684-0281 Edwin Obras (206) 684-0419	projects related to Transitional Living and Support Division and Department-wide initiatives.	
E-mail: fe.arreola@seattle.gov edwin.obras@seattle.gov		
http://www.cityofseattle.net/humanservices		
COMMUNITY INFORMATION LINE	Makes referrals to food banks, meal programs and other emergency assistance programs	
2-1-1; (206) 461-3200 (After 6:00 p.m. & on weekends, call the	throughout King County.	
Crisis Clinic, (206) 461-3222) Toll free #: 1-800-621-4636		
EMERGENCY FOOD NETWORK	Distributes food to food banks and emergency meal programs. Provides referrals to food banks	
3318 92 <sup>nd</sup> St S	in Pierce County.	
Lakewood, WA 98499		
(253) 584-1040		
E-mail: receptionist@efoodnetwork.org		
FAMILY ASSISTANCE PROGRAM	Provides advice, referral and representation for DSHS benefits cases including denials,	
1501 N. 45 <sup>th</sup> Street	terminations, reductions and overpayments. The DSHS benefit programs include food stamps,	
Seattle WA 98103	Temporary Assistance to Needy Families (TANF) and Disability Lifeline. Provides outreach	
Client Intake: (206) 694-6742	and education to clients at food banks, shelters, and other programs. Provides training to	
FOOD I WEEK DIE	program staff regarding benefits.	
FOOD LIFELINE	Food Lifeline is a local hunger relief organization, efficiently serving the Western Washington	
1702 N.E. 150th, Shoreline, WA 08155	area. Last year FLL delivered more than 27 million meals to hungry people through our network of nearly 300 neighborhood food banks, hot meal programs and shelters. In 2011, FLL	
Shoreline, WA 98155 (206) 545-6600	helped feed more than 745,000 hungry people in local communities. Food Lifeline is also the	
info@fll.org	local member of the nation's largest hunger relief organization, Feeding America.	
into & m.org	notal member of the nation's largest number rener organization, recurring America.	
FOOD RESOURCES/SOLID GROUND	Provides referrals to food banks and meal programs, staffing to Seattle Food Committee,	
1501 North 45 <sup>th</sup> Street	assistance with State funding paperwork, monthly food community activity calendar, data	
Seattle, WA 98103	collection, facilitate and coordinate the delivery of food to member food banks; Baby Boost	
General Information/Referral (206) 694-6756	workshops; Food Security for Children Project; and Lettuce Link Project.	
E-mail: foodresources@solid-ground.org		

Agency/Program	Services/Assistance Provided
NORTHWEST HARVEST	Distributes food to emergency food programs throughout Washington state. See food bank
711 Cherry Street/P.O. Box 12272	listing under "Cherry Street Food Bank" for description of food bank services/hours.
Seattle, WA 98102	
Offices: (206) 625-0755/Warehouse: (206) 285-0237	
Jenn Tennent: jennt@northwestharvest.org	
SNOHOMISH COUNTY COMMUNITY	Provides referrals to food banks in Snohomish County.
INFORMATION LINE	
(425) 258-4227, 2-1-1	
MULTI-SERVICE CENTER	Provides emergency food and other social services.
1200 South 336th	
Federal Way, WA 98003	
(253) 838-6810	
WASHINGTON STATE DEPARTMENT OF SOCIAL AND	Informs potential recipients about benefits and requirements of the program and assist
HEALTH SERVICES (DSHS)	individuals through the application process. Call for closest site/educator.
(Region 2/includes King County) (1-877-501-2233)	
WIC (WOMAN, INFANT & CHILDREN'S	Provides vouchers to purchase nutritious foods for pregnant/breast feeding women, infants, and
SUPPLEMENTAL FOOD PROGRAM)	young children up to age five.
1-800-841-1410	